

SAM PRATT

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EDUCATION

Harvard University, B.A. in Psychology (2019 – 2023)

Magna Cum Laude with Highest Honors, GPA: 3.97

Advisor: Dr. Richard J. McNally

Member of Varsity Men's Soccer Team

HONORS & AWARDS

- 2023 **Phi Beta Kappa**, awarded to top 10% of graduating class, Harvard University
- 2023 **Summa Cum Laude**, Senior Honors Thesis in Psychology, Harvard University
- 2023 **Psychology Faculty Prize** for outstanding senior honors thesis, Harvard University
- 2023 **Highest Honors** in the field of Psychology, Harvard University
- 2023 **Seamus P. Malin Award**, Harvard Men's Soccer
- 2022 **Harvard College Research Program Grant** (\$5,000) for senior honors thesis
- 2022 **Harvard College Research Program Grant** (\$1,000) for senior honors thesis
- 2022 **John Harvard Scholar**, awarded to the top 5% of junior class, Harvard University
- 2021 **John Harvard Scholar**, awarded to the top 5% of sophomore class, Harvard University
- 2021 **Harvard College Research Program Grant** (\$1,000) for independent research
- 2020 **Academic All-Ivy League**, Harvard University

RESEARCH EXPERIENCE

Lab Manager, Deepest Beliefs Lab, University of North Carolina at Chapel Hill

June 2023 – Present

PI: Kurt Gray, PhD

Research Assistant, McNally Laboratory for Anxiety & Related Disorders, Harvard University

August 2021 – May 2023

PI: Richard McNally, PhD

Advisors: Benjamin Bellet, PhD, Micaela Rodriguez, PhD Cand.

Research Assistant, Laboratory on Complex Thought and Cooperation, Harvard University

Winter 2021, Spring 2023

PI: Joshua Greene, PhD

Research Assistant, Weisz Laboratory for Youth Mental Health, Harvard University

Summer 2020

PI: John Weisz, PhD

Advisor: Spencer Evans, PhD

PUBLICATIONS

Rodriguez, M., **Pratt, S.**, Bellet, B. W., & McNally, R. J. (2023). Solitude Can Be Good—If You See It as Such: Reappraisal Helps Lonely People Experience Solitude More Positively. *Journal of Personality*. DOI: 10.1111/jopy.12887

CONFERENCE POSTERS

Pratt, S. “Alone but not lonely: Cognitive reappraisal helps lonely individuals experience time alone more positively.” Poster presented at the annual convention for The Society of Personality and Social Psychology (February 2023, Atlanta, GA).

Pratt, S. “Alone but not lonely: Brief cognitive interventions for lonely individuals.” Poster presented at the annual convention for the American Psychological Association (August 2023, Washington, D.C.).

TEACHING EXPERIENCE

2023 Teaching Assistant, “Becoming a Brain Scientist: Neuroscience and Psychology Research,” Harvard Summer School

2023 Teaching Assistant, “The Science of Moral Understanding,” University of North Carolina at Chapel Hill

DEPARTMENTAL SERVICE

2022-2023 Psychology Undergraduate Planning Committee, Harvard University

LANGUAGES & SKILLS

Languages French (Advanced)

Tech. Skills RStudio, Qualtrics, Microsoft Office, Amazon Mechanical Turk, CloudResearch